

# Our Extracurricular Program:

Extracurricular program will run from 3pm-6pm. During the first half of the school year we will offer to the children

1. Dance
2. Music
3. Yoga & Gymnastic
4. Spanish & Sign Language
5. A variety of craft related activities.

In the second half of the school year ELA will continue to offer these classes along with soccer, basketball & softball. The children will get to participate in all of the activities or just choose to master one special activity.

# Newsletters:

To keep you informed of what your child will be learning, each class will prepare a weekly report that will be sent to you at the beginning of the week outlining the activities and material that will be covered.

## About Us:

We want your child to feel nurtured, gain knowledge, and make friends. We believe that a child's entire self should be developed, allowing them to explore their inner talents. The children are given the chance to develop lifelong traits; honesty, fairness, confidence, and responsibility. Children learn differently and we utilize various teaching styles to reach auditory, kinesthetic, or visual learners. Our teachers are experienced in early childhood growth and development. Our facilities are modern and new. We have incorporated technology in the classroom, providing children the chance to explore music and other extra-curricular activities. The children develop their fine and gross motor skills through various projects and play.



## Early Learning

## Academy

A Glimpse  
Into our  
Extra Curricular  
Program(s)



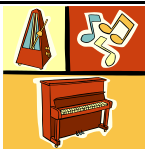
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# Dance



Dancing is a highly physical activity, and kids who take dance lessons regularly should expect to see a significant improvement in their overall physical health. Regular dance practice can increase your child's flexibility, range of motion, physical strength and stamina. The repetitive movements involved in dance can improve muscle tone, correct poor posture, increase balance and coordination and improve overall cardiovascular health. Our Dance class will consist of an instructor teaching ballet techniques every month. This ensures that the child will learn, comprehend and grasp every step that is taught. Besides ballet, the children will learn basic East Indian dance and Contemporary dance moves.

# Music



Learning music facilitates learning other subjects and enhances skills that children inevitably use in other areas. Learning music enhances a child's language development, increases their IQ and allows them to be more creative. Music education includes being

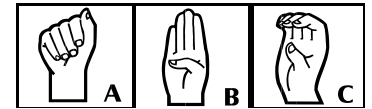
disciplined, learning a skill, being part of the music world, managing performance, being part of something you can be proud of. Our music class will consist of having an instructor who will teach the children how to read and play music notes. Children will be taught how to play the piano, violin and much more.....

# Yoga/Gymnastic



Our children live in a hurry-up world of busy parents, school pressures, incessant lessons, video games and competitive sports. We usually don't think of these influences as being stressful for our kids, but often they are. The bustling pace of our children's lives can have a profound effect on their innate joy—and usually not for the better. In yoga and gymnastics, children will learn techniques for self-health, relaxation, and inner fulfillment; they can use the techniques to navigate life's challenges with a little more ease. Yoga and gymnastics at an early age encourages self-esteem and body awareness with a physical activity that's noncompetitive.

# Spanish/Sign Language



Introduction of a second language as early as possible promotes strong brain development, positive social skills and supports the development of effective communication skills. ELA's language classes will consist of a 30 minute language class per: Sign Language classes will be Mondays, Wednesdays & Fridays, and Spanish Language classes will be on Tuesdays & Thursdays. The words learnt in these language classes will also be learnt throughout the academic school day.

# Craft Shop



ELA's craft/cooking classes will give children a sense of control and accomplishment, while they are involved in making choices throughout the craft making/cooking process. These classes will involve an array of subjects. Some things that can be learned from craft/cooking include reading, math, history, shapes, colors, science, nature, vocabulary, art, health and nutrition.